

STAFFORD • HOUSE • BOOKS

2026 CATALOG



Dear Reader,

Welcome to the Stafford House Books, Inc. 2026 Catalogue.

At Stafford House Books, Inc., we believe that every book has the power to inform, inspire, and connect people across cultures, generations, and experiences. Our 2026 collection reflects that belief more strongly than ever, bringing together a carefully curated selection of titles designed to engage curious minds and support lifelong learning.

This year's catalogue showcases a diverse range of publications across education, childhood learning, law school development, and contemporary topics that matter in today's world. Whether you are a teacher searching for innovative classroom resources, a law student building confidence and knowledge, or a reader discovering new perspectives, we are proud to offer books created with quality, accessibility, and relevance at their core.

As the publishing landscape continues to evolve, we remain committed to producing content that combines trusted expertise with fresh ideas and practical value. Our authors, editors, and publishing partners work tirelessly to ensure that every title meets the highest standards of accuracy, creativity, and reader engagement.

We are especially grateful to our educators, distributors, librarians, booksellers, and readers around the world whose continued support allows us to grow and innovate each year. Your enthusiasm for learning and reading is the foundation of everything we do.

We hope the Stafford House Books 2026 Catalogue helps you discover resources and stories that will educate, motivate, and inspire throughout the year ahead.

Thank you for being part of our journey.

Warm regards,

Stafford House Books

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STAFFORD HOUSE BOOKS

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Each One Blooms

A Children's Picture Book About Kindness, Self-Esteem, and Belonging

Written by Teresa Anne Power

Illustrated by Ethan Roffler

Growing at your own pace isn't something to fix—it's something to celebrate.

*E*ach One Blooms is a heartfelt picture book about being yourself, growing at your own pace, and discovering what makes you special.

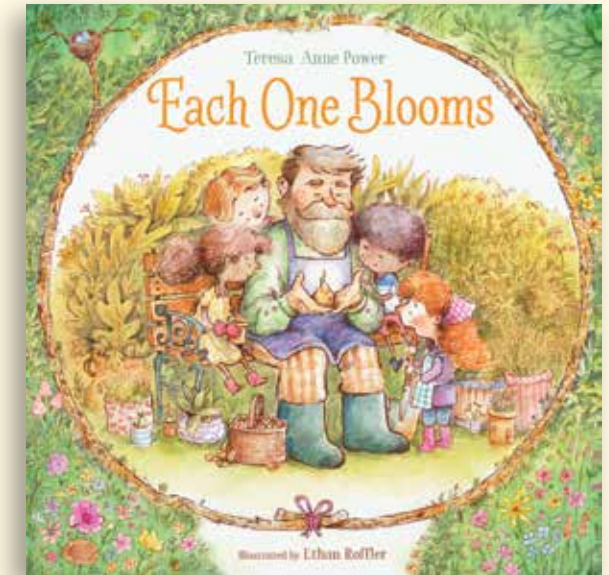
When a kind gardener shows a group of curious children how ordinary bulbs become extraordinary flowers, they learn that everyone blooms differently. Some grow quickly, some take their time, and others surprise the world in their own unique way.

Through gentle storytelling and vibrant garden imagery, children see themselves reflected in the flowers and discover that kindness, confidence, and belonging make the world more beautiful.

A new, story-first picture book concept from the creator of the award-winning ABCs of Yoga for Kids and Little Mouse Adventures series

Teresa Anne Power is an award-winning author and renowned yoga expert whose mission is to share strategies and tips to help children, parents, and educators enrich their lives and manage stress. She is the founder of Kids' Yoga Day.

Ethan Roffler is an award-winning illustrator based in scenic Idaho. When he's not painting, Ethan loves hiking with his family, spoiling his five guinea pigs (and one very tiny mouse), and imagining magical creatures into existence. He's also a dad of two and has never stopped chasing the kind of art that makes kids dream a little bigger.



ISBN: 978-1734478617

Price: \$16.99

Format: Hardcover Picture Book

Trim: 8" x 8" with Dust Jacket

Pages: 32

Category: Juvenile Fiction

Ages: 4–8

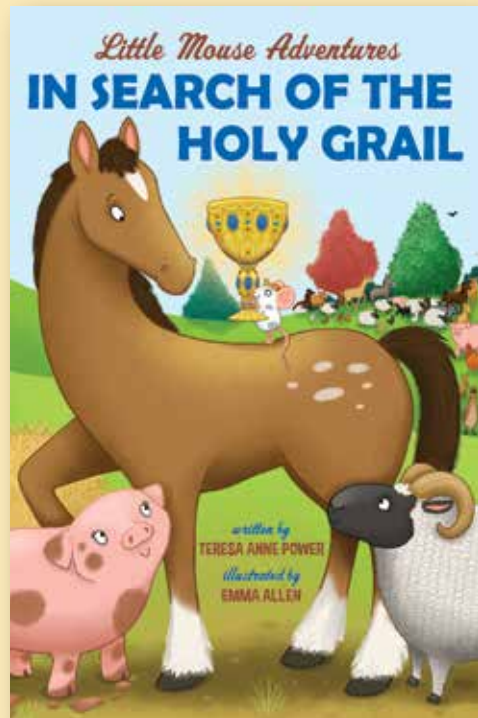
Publication Date: December 1, 2026

Ebook ISBN: 9781734478679

Ebook price: \$8.95

MARKETING

- National publicity campaign and advertising. Advance galley mailing.
- Author tie-in events with libraries, bookstores, and schools.
- Broad appeal for schools, libraries, classrooms, homeschoolers, counseling settings, and holiday gifts



ISBN: 978-1736622063

Price: \$12.95

Format: Hardcover Picture Book

Trim: 6" x 9" with Dust Jacket

Pages: 80

Category: Juvenile Fiction

Ages: 6–9

Publication Date: August 6th, 2024

Ebook ISBN: 978-1-7366220-7-0

Ebook price: \$6.95



In Search of the Holy Grail

Written by Teresa Anne Power

Illustrated by Emma Allen

LITTLE MOUSE ADVENTURES, BOOK 6

A great mouse shows his greatness by the way he treats others.

When yoga-loving Little Mouse moves from the city to his grandparents' farm, he learns that kindness and appreciation can help make friends anywhere. Together, Little Mouse and his new friends must band together to find the magical Holy Grail to defeat an enemy threatening their happy community. With a little yoga, mindfulness, and teamwork, Little Mouse and friends are in for the adventure of their lives!

In Search of the Holy Grail is the first chapter book in the award-winning Little Mouse Adventures series.

"The characters are very well-developed and they learn to understand each other's differences . . . The characters' adventures are fun, moving, and inspirational."

— *Janey, BookSirens*

"This is the perfect beginner's chapter book . . . This book helps kids be brave and deal with things that might seem impossible and to recognize others' unique talents."

— *Rosina, Goodreads*

Teresa Anne Power is an award-winning author and renowned yoga expert whose mission is to share strategies and tips to help children, parents, and educators enrich their lives and manage stress. She is the founder of Kids' Yoga Day.

Emma Allen loves to work in watercolor and gouache and finds inspiration in lots of things, but perhaps most of all in nature's beautiful colors, patterns and shapes. Emma's favorite things to illustrate are children, animals, trees and plants, with some gentle comedy thrown in for good measure.

In Search of the Holy Grail Book & Little Mouse Plush Set

Written by Teresa Anne Power

Illustrated by Emma Allen

When yoga-loving Little Mouse moves from the city to his grandparents' farm, he discovers that kindness, appreciation, and teamwork can help him make friends anywhere. This special gift set combines the hardcover chapter book with the adorable Little Mouse plush (7"), allowing children to bring the story to life and take Little Mouse on adventures of their own.



ISBN-13: 978-0998107066

Price: \$16.99

Publication Date: October 20, 2025

Format: Hardcover Book with Dust Jacket + Little Mouse Plush

Ages: 5–8

Yoga at the Zoo Book & Little Mouse Plush Set

Written by Teresa Anne Power

Illustrated by Emma Allen

Follow curious, lovable Little Mouse and his best friend Mr. Opus as they explore the zoo and meet new animal friends. This fun gift set pairs the award-winning hardcover picture book with the popular Little Mouse plush (7"), creating an engaging reading and play experience for young children.



ISBN-13: 978-1571024688

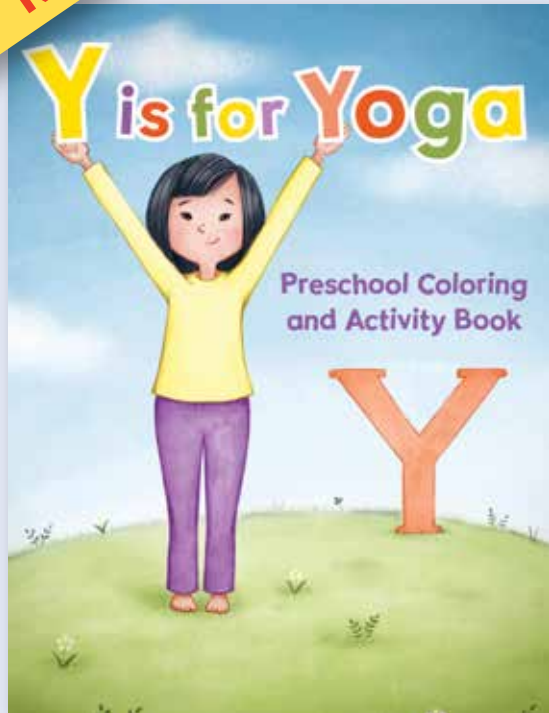
Price: \$24.95

Publication Date: November 1, 2024

Format: Hardcover Book with Dust Jacket + Little Mouse Plush

Ages: 3–5

NEW!



ISBN: 978-0998107035

Price: \$8.99

Format: Perfect-bound paperback

Trim: 8.5" x 11"

Pages: 144, one-sided

Category: Coloring and Activity Books

Ages: 4 - 8

Publication Date: March 20, 2026

MARKETING

- Part of the award-winning ABCs of Yoga for Kids and Little Mouse Adventures brands
- Features illustrations from previous bestselling titles and all-new images

Y is for Yoga: Preschool Coloring and Activity Book

Stretch minds and bodies with this joyful, yoga-themed alphabet adventure!

Y is for Yoga combines fun physical movement, preschool learning, and calming creativity in one delightful book for ages 4 to 8. With simple yoga poses, alphabet-themed pages, and early learning activities, it's the perfect screen-free way to engage curious young minds.

Created by award-winning author Teresa Power, this book includes:

- One-sided coloring pages to prevent bleed-through
- Kid-friendly yoga poses from A to Z like D is for Dog and F is for Flamingo
- Preschool activities like counting, matching, and connect the dots
- Engaging illustrations from Teresa Power's bestselling yoga books and new content
- Mindful moments that build focus, flexibility, and confidence

Whether you're a parent, teacher, homeschooler, or caregiver, this coloring and activity book makes a wonderful gift to help kids move their bodies and calm their minds -- one pose at a time.

Yoga at the Aquarium

Written by Teresa Anne Power

Illustrated by Emma Allen

LITTLE MOUSE ADVENTURES, BOOK 5

Join Little Mouse on a hot summer day as he visits the aquarium for the first time with his best friend, Mr. Opus the orange tabby cat. Together, they meet and learn about all kinds of animals, such as octopi, dolphins, crabs, turtles, and even sharks! Along the way, Little Mouse has lots of yoga fun and learns to appreciate the similarities he shares with his new aquatic friends, as well as the differences.

"Little Mouse and Mr. Opus are courageous and inspiring . . . *Yoga at the Aquarium* is a fun way to explore the undersea world and promote wellness for kids, of all ages. I cannot wait to share this story with my Aquarium friends."

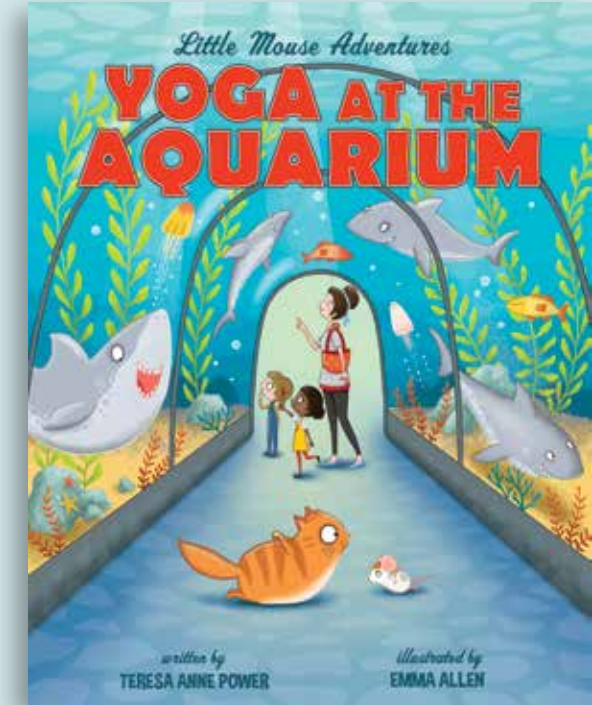
—**Jose Bacallao, Exhibits Director,**
Cabrillo Marine Aquarium

"In Little Mouse's latest adventure, we're introduced to poses that are so much fun to try out together! This, along with many interesting facts with marine animals, makes this an amazing book to engage both body and mind."

— **Yon Kahlon, Founder, Nooksy**

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Emma Allen loves to work in watercolor and gouache and finds inspiration in lots of things, but perhaps most of all in nature's beautiful colors, patterns and shapes. Emma's favorite things to illustrate are children, animals, trees and plants, with some gentle comedy thrown in for good measure.



ISBN: 978-1736622018

Price: \$16.95

Format: Hardcover Picture Book

Trim: 8"x 10" with Dust Jacket

Pages: 32

Category: Juvenile Fiction

Ages: 3-5

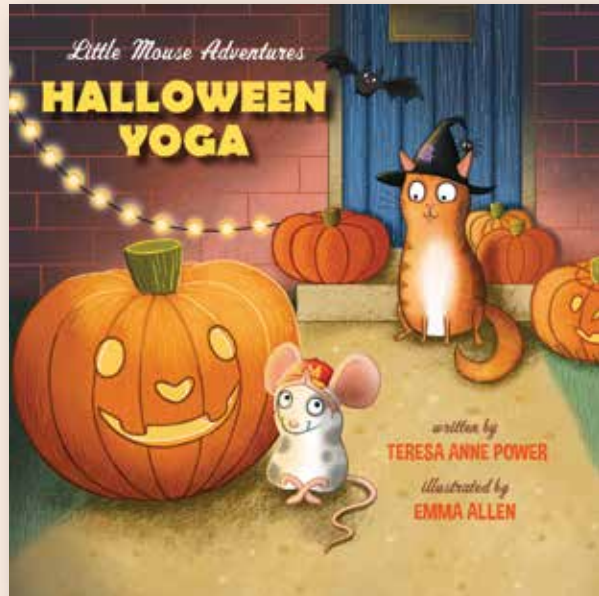
Publication Date: June 1st, 2023

Ebook ISBN: 978-1736622049

Ebook price: \$6.95

MARKETING

- Print, national TV, radio and online marketing campaigns. Advanced galley mailing.
- To be released in conjunction with National Zoo and Aquarium Month.
- Author tie-in events with libraries, aquariums, and bookstores, and schools.



ISBN: 978-1734478693
Price: \$8.95
Format: Board Book
Trim: 6.5" x 6.5"
Pages: 30
Category: Juvenile Fiction / Holidays & Celebrations / Halloween
Ages: 2–5
Publication Date: September 1, 2022
Ebook ISBN: 978-1736622001
Ebook price: \$6.95

Halloween Yoga

Written by Teresa Anne Power
Illustrated by Emma Allen

LITTLE MOUSE ADVENTURES, BOOK 4

Get excited for Halloween and learn some simple, not-so-spooky yoga poses at the same time with Little Mouse and friends! Your ghosts and goblins will stretch like witches, ghosts, and black cats with this charming board book set to rhyme from bestselling author Teresa Power.

“Easy to read, fun to follow along with and to do the poses as you read it. . . . Children will fall in love with the spooky and fun poses that they can incorporate into practice every day of the year (not just at Halloween).”

—*Working Mommy Journal*

“Little Mouse and friends prove that yoga is for everybody. *Halloween Yoga* teaches us that caring for ourselves is fun!”

—*Adriene Mishler, teacher, writer, and founder of Yoga with Adriene and Find What Feels Good*

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Emma Allen loves to work in watercolor and gouache and finds inspiration in lots of things, but perhaps most of all in nature’s beautiful colors, patterns and shapes. Emma’s favorite things to illustrate are children, animals, trees and plants, with some gentle comedy thrown in for good measure.

Yoga at the Museum

Written by Teresa Anne Power
Illustrated by Emma Allen

LITTLE MOUSE ADVENTURES, BOOK 3

Join Little Mouse and his feline friend, Mr. Opus, as they introduce young children to classic artwork by Vincent van Gogh, Georgia O’Keeffe, Frida Kahlo, and many others while learning simple, related yoga poses. This playful book combines art appreciation and yoga while gently teaching children how to navigate the excitement and uncertainty of new experiences.

“This sweet book reminds us that even our youngest friends have frustrating moments, and it gives easy-to-do yoga poses to help calm and recenter our thoughts. Paired with beautiful artwork from around the world, this book is a great addition to any home library.”

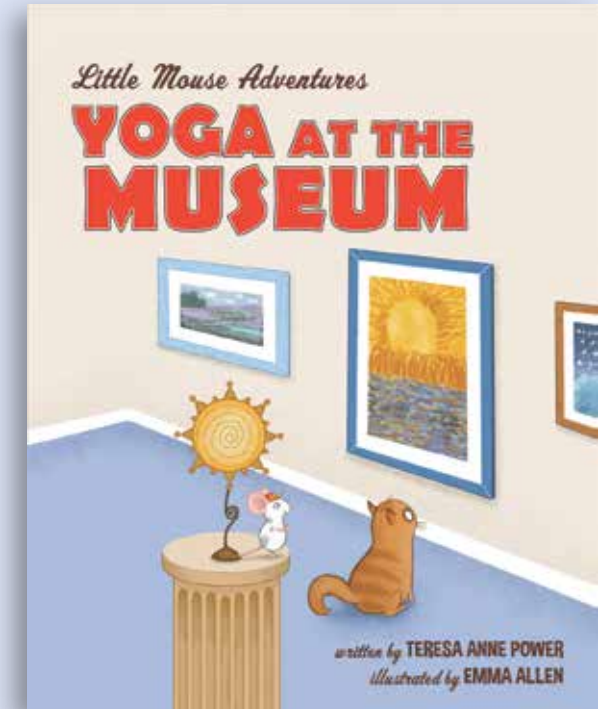
—*Liesl Mahoney, Associate Educator for School and Family Programs, Brandywine River Museum of Art*

“This delightful story shows children how creative exploration through art, yoga, and mindfulness practices can bring the balance needed to conquer even the trickiest parts of the day.”

—*Jill Kelsey, Editor-in-Chief, First Time Parent Magazine*

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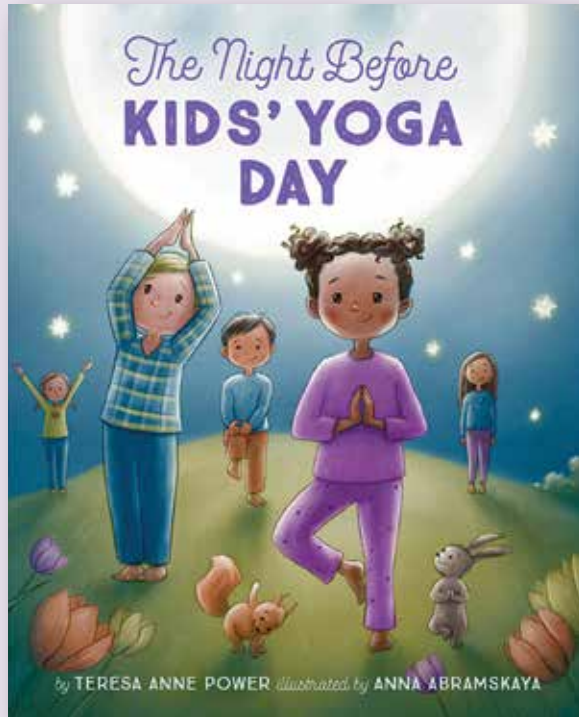
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ISBN: 978-1734478655
Price: \$16.95
Format: Hardcover Picture Book with Dust Jacket
Trim: 8" x 10"
Pages: 32
Category: Juvenile Fiction
Ages: 3–5
Publication Date: May 18, 2021
Ebook ISBN: 978-1734478662
Ebook Price: \$6.95

AWARD
Moonbeam Children’s Book Award,
Best Picture Book Series
Gold

AWARD
Moonbeam Children’s Book Award,
Best Picture Book Series
Gold



ISBN: 978-1734478624
Price: \$16.95
Format: Hardcover Picture Book with Dust Jacket
Trim: 8" x 10"
Pages: 32
Category: Juvenile Fiction
Ages: 3–5
Publication Date: February 9, 2021
Ebook ISBN: 978-1734478631
Ebook Price: \$6.95



A Tradition plus a Global Movement

- The 12th Annual Kids' Yoga Day is happening on April 2nd, 2027. See kidsyogaday.com for more information.
- #kidsyogaday trends annually on social media, with videos and photos posted by teachers, schools, librarians, parents, yoga instructors, and others.

The Night before Kids' Yoga Day

Written by Teresa Anne Power
 Illustrated by Anna Abramskaya

*It's the night before Kids' Yoga Day!
 Are you ready to celebrate?*

It's Kids' Yoga Day eve and children around the globe are fast asleep. But one group of young yogis can't wait and decide to hold their very own celebration under the stars. In this send-up of the classic poem "The Night before Christmas," a mother is inspired by an impromptu yoga session in her backyard led by kids for kids. Readers will learn the simple yoga poses performed on Kids' Yoga Day every year, but no prior knowledge of yoga or this international holiday is required!

Kids' Yoga Day is a free celebration taking place every April. Since 2015, hundreds of thousands of children and their caregivers from over 65 countries have united to do the same routine at the same time around the globe. The result is magic.

"Kids' Yoga Day is a model to ensure greater success in groups, neighborhoods, cities, states, and nations. Kids' Yoga Day each year is a new beginning."
 —Henry Hall, Let's Move, West Los Angeles

Teresa Anne Power is an award-winning author and renowned yoga expert whose mission is to share strategies and tips to help children, parents, and educators enrich their lives and manage stress. She is the founder of Kids' Yoga Day.

Anna Abramskaya was born in Sevastopol, Ukraine, and graduated from Kharkiv State Academy of Design and Arts. Upon graduation, she moved to Washington State, where she lives with her husband and two daughters.

Yoga at the Zoo

Written by Teresa Anne Power
 Illustrated by Emma Allen

LITTLE MOUSE ADVENTURES, BOOK 1

Come along with curious, lovable Little Mouse and his best friend, Mr. Opus, the wise tabby cat, as they go to the zoo for the first time and meet new animal friends. This playful book teaches kids how to deal with new experiences, emotions, and friendship through simple yoga poses.

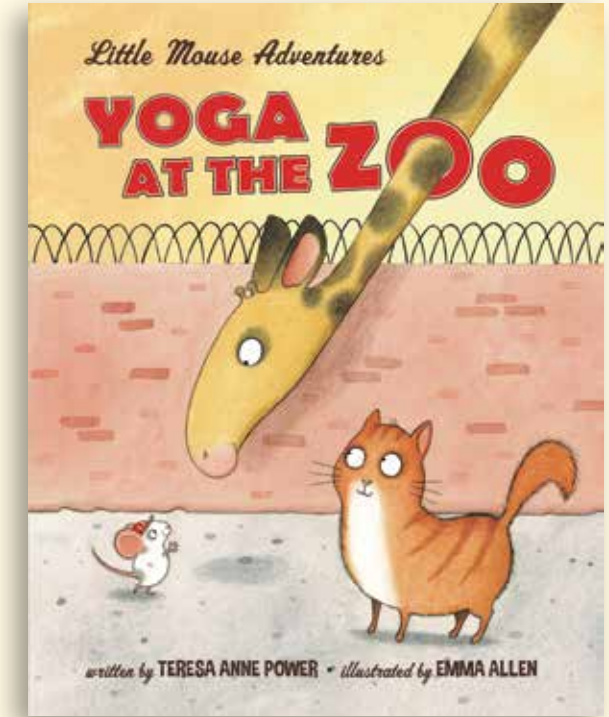
"Meet inquisitive and outgoing Little Mouse, his cat friend Mr. Opus, and his human friend Tammy. . . . No yoga experience is necessary to appreciate the book's quiet mind mentality!"
 —Foreword Reviews

"A delightful book that introduces the important yoga practices of self-regulation and self-calming in a way that a young child can appreciate."
 —Sat Bir Singh Khalsa, PhD, Assistant Professor, Harvard Medical School

"A must-share with children! I love this sweet story with imaginative illustrations and a simple message that will truly resonate with kids (and adults)!"
 —Sara J. Weis, bestselling kids' yoga author

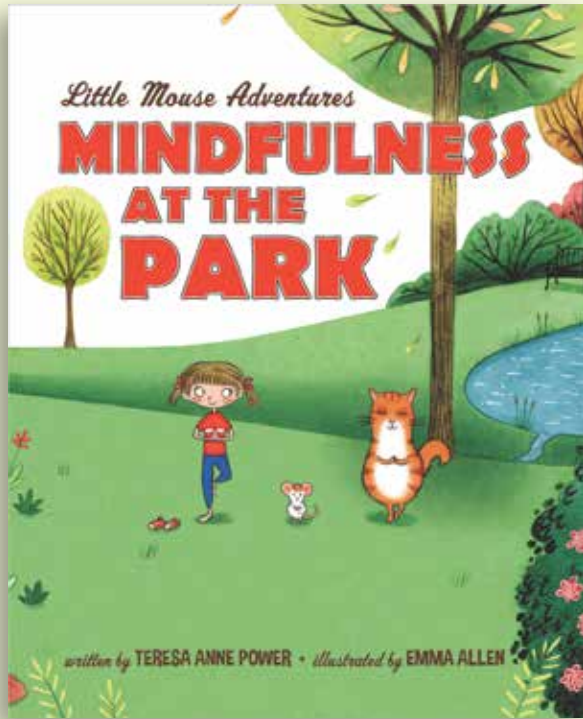
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ISBN: 978-0998107097
Price: \$16.95
Format: Hardcover Picture Book with Dust Jacket
Trim: 8" x 10"
Pages: 32
Category: Juvenile Fiction
Ages: 3–5
Publication Date: March 1, 2020
Ebook ISBN: 978-0998107059
Ebook price: \$6.95





ISBN: 978-1734478600

Price: \$16.95

Format: Hardcover Picture Book with Dust Jacket

Trim: 8" x 10"

Pages: 32

Category: Juvenile Fiction

Ages: 3–5

Publication Date: September 1, 2020

Ebook ISBN: 978-1734478617

Ebook price: \$6.95

AWARD

**Moonbeam Children's Book Award,
Best Picture Book Series**

Gold

Mom's Choice Awards

Gold

Mindfulness at the Park

Written by Teresa Anne Power

Illustrated by Emma Allen

LITTLE MOUSE ADVENTURES, BOOK 2

Lovable, curious Little Mouse is back to help kids use yoga and mindfulness to solve problems and manage emotions in *Mindfulness at the Park!* In this beautifully illustrated book, Little Mouse and his best friend, Mr. Opus, a lovably lazy cat, go on an adventure to a bustling neighborhood park filled with new sights, sounds, and people.

Blending humor and fun, *Mindfulness at the Park* gently imparts ways to navigate the excitement and uncertainty of new experiences and be more present in the world around us.

"Continuing the series' mission to promote a love of yoga among children, this latest installment of Little Mouse Adventures explores mindfulness, encouraging happiness, peace, calm, and quiet. . . . The text is easy and accessible to young practitioners, who can engage its lessons whether they are at home, school, or in the park on a sunny afternoon."

—*Foreword Reviews*

"This is a beautiful children's book that is fun to read together . . . to practice mindfulness together as a family. It gives you great starting tools to begin your own practice as a family and to understand the importance of mindfulness. Combine this with adorable characters and illustrations—this book is a win win!"

—*Working Mommy Journal*

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Emma Allen loves to work in watercolor and gouache and finds inspiration in lots of things but perhaps most of all in nature's beautiful colors, patterns, and shapes. Emma's favorite things to illustrate are children, animals, trees, and plants, with some gentle comedy thrown in for good measure.

The ABCs of Yoga for Kids

Written by Teresa Anne Power

Illustrated by Kathleen Rietz

This is the book that started it all! *The ABCs of Yoga for Kids* uses the alphabet, rhyming vignettes, and colorful illustrations to introduce children to yoga in a kid-friendly way. The 56 different poses featured in the book delightfully promote flexibility, strength, and coordination while encouraging children to incorporate healthy activity into their daily lives. Children have a lot of fun learning new positions, new letters, and new ideas. This book will delight and bring joy to the early yoga practitioner.

"Yoga offers so many benefits to mind, body, and soul that it's wonderful to start kids at a young age. The best way to do that is to make it fun—and this book certainly does that. With its beautiful illustrations and instructive vignettes, it makes learning yoga like play. I love it!"

—*Mariel Hemingway, actress*

"A cute and colorful introduction to the art of bendiness and inner peace for children. . . . Power uses simple language to explain the intricate art form to youngsters."

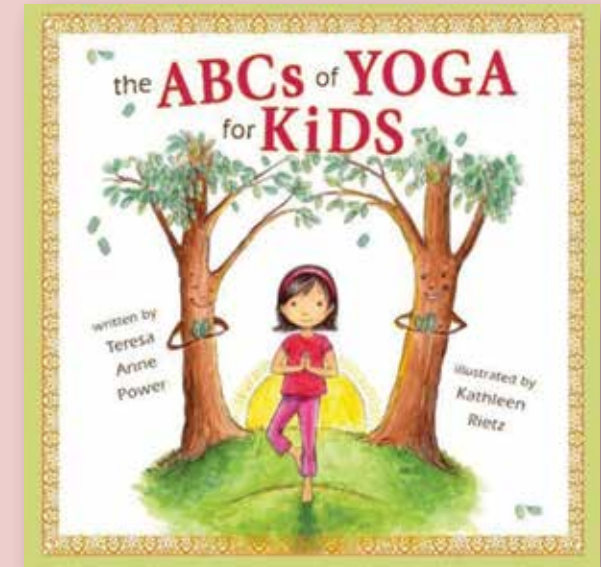
—*Foreword Reviews*

"Make[s] yoga accessible to even the youngest practitioner without reinventing it, dumbing it down, or 'baby-fying' it. It isn't just yoga for kids; it's good yoga for kids."

—*Yoga Journal*

Teresa Anne Power is an award-winning author and renowned yoga expert whose mission is to share strategies and tips to help children, parents, and educators enrich their lives and manage stress. She is the founder of Kids' Yoga Day.

Kathleen Rietz has loved art from the time she was a little girl and has painted and drawn throughout her entire life. She resides in Chicago, Illinois.



ISBN: 978-0982258705

Price: \$19.95

Format: Hardcover Picture Book with Dust Jacket

Trim: 10" x 10"

Pages: 32

Category: Juvenile Nonfiction

Ages: 3–5

Publication Date: September 16, 2009

Paperback ISBN: 978-0982258798

Paperback Price: \$9.95

Spanish Edition Paperback ISBN:

978-0982258743

Spanish Edition Paperback Price: \$8.95

AWARDS

Mom's Choice Award, Gold

Family Choice Award, Gold

Independent Publisher Book Award, Gold

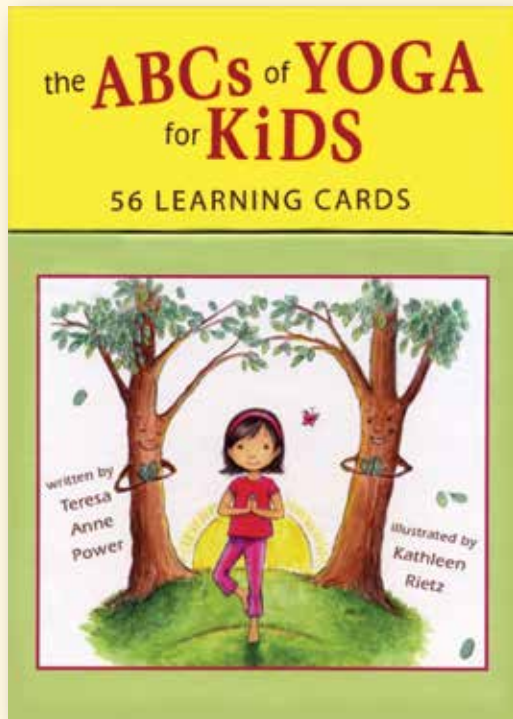
Living Now Book Award, Silver

Parent Tested Parent Approved Award

Moonbeam Children's Book Award, Bronze

National Best Books Award

Finalist



The ABCs of Yoga for Kids Learning Cards

Written by Teresa Anne Power
Illustrated by Kathleen Rietz

The ABCs of Yoga for Kids Learning Cards feature 56 beautifully illustrated flashcards, each depicting a simple yoga pose and corresponding letter of the alphabet. The flashcards contain colorful illustrations from the bestselling book *The ABCs of Yoga for Kids*. They're perfect for learning not only yoga but the alphabet as well. Each pose delightfully promotes flexibility and coordination while encouraging kids to incorporate healthy activity into their daily lives.

"Best-selling and award-winning LA-based author and educator Teresa Anne Power brings fun into teaching by using the A, B, C's as a framework for introducing the teachings and techniques of yoga to kids. Perfect for educators and parents, this guide can be utilized repeatedly for maximum impact."

—LA Yoga

"I am loving the learning cards. I use them in my preschool yoga classes. The illustrations are beautifully and gracefully drawn. . . . Enjoy these incredible cards—I certainly do!"

—Siri Krishna Khalsa, preschool yoga teacher

"I do this at home with my own children (ages 2 and 7). With nothing but a mat and these cards (and me offering guidance occasionally from the background) they can spend a good hour of silly giggles exercising their bodies."

—YogaintheLibrary.com

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*"With nothing but a mat
and these cards . . . they can spend
a good hour of silly giggles
exercising their bodies."*

The ABCs of Yoga for Kids around the World

Written by Teresa Anne Power
Illustrated by Kathleen Rietz

The ABCs of Yoga for Kids around the World takes you and your child on a fun-filled tour of over 30 countries. This beautifully illustrated book uses the alphabet, charming rhymes, and kid-friendly facts to introduce children to yoga while teaching them more about different areas of the world (including how to say "hello" in the language of each country). A follow-up to the international bestselling *The ABCs of Yoga for Kids*, this book also features simple yoga poses that are suitable for children (and adults) of all ages and athletic abilities. Written in honor of International Kids' Yoga Day, *The ABCs of Yoga for Kids around the World* celebrates both our diversity and oneness at the same time. Early yoga practitioners (and their parents, caregivers, and teachers) will delight in learning new yoga poses, new letters, and fun facts about this wonderful world in which we live.

"Whether a cobra from Thailand or a waterfall from Zimbabwe, the movements are fun and easy to emulate. . . . This engaging choice is meant for sharing, especially during family storytime."

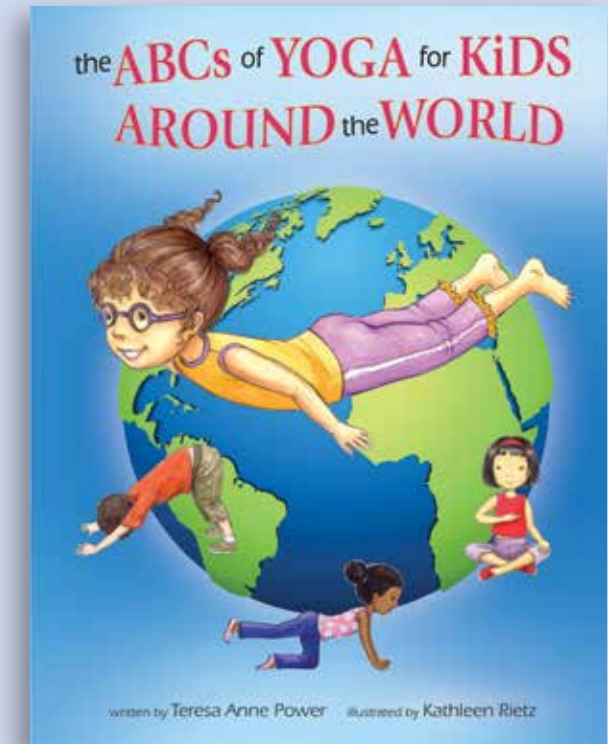
—Booklist, American Library Association

"A great tool to introduce children (and adults too!) to yoga in a fun and interactive way. . . . Any parent of small children, fitness fan, or youth fitness teacher would benefit from reading!"

—LaTasha Lyons, certified children's fitness specialist and physical education teacher

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ISBN: 978-0982258781

Price: \$16.95

Format: Hardcover Picture Book with Dust Jacket

Trim: 8" x 11"

Pages: 32

Category: Juvenile Nonfiction

Ages: 3–5

Publication Date: April 7, 2017

AWARDS

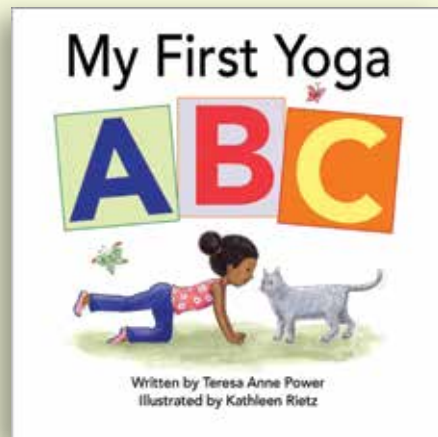
Benjamin Franklin Award
Silver

Mom's Choice Award
Silver

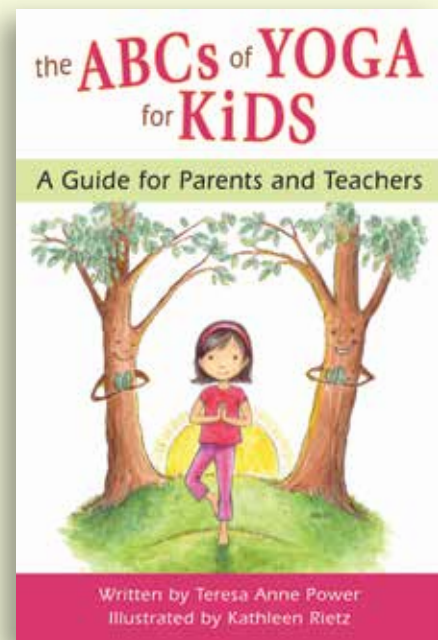
Living Now Book Award
Silver

Yoga Digest "Best Read"

Creative Child Magazine
Book of the Year Award



ISBN: 978-0998107004 **Ages:** 0-3
Price: \$8.95 **Publication Date:** March 1, 2018
Format: Hardcover Board Book **Ebook ISBN:** 978-1734478648
Trim: 6" x 6" **Ebook price:** \$6.95
Pages: 30 **Category:** Juvenile Nonfiction



ISBN: 978-0982258774 **Pages:** 60
Price: \$8.95 **Category:** Exercise and Fitness for Children, Nonfiction
Format: Softcover Book plus CD **Publication Date:** April 8, 2016
Trim: 6" x 9"

My First Yoga ABC

Written by Teresa Anne Power
 Illustrated by Kathleen Rietz

My First Yoga ABC is a board book for infants to help them learn not only the alphabet but some simple yoga poses as well. Each page has a block letter of the alphabet with a corresponding yoga pose. Young children will delight in practicing yoga while reciting their ABCs!

The ABCs of Yoga for Kids A Guide for Parents and Teachers

Written by Teresa Anne Power
 Illustrated by Kathleen Rietz

The ABCs of Yoga for Kids: A Guide for Parents and Teachers is a companion to *The ABCs of Yoga for Kids*, an award-winning bestselling picture book that uses the alphabet, rhyming vignettes, and colorful illustrations to introduce children to yoga in a kid-friendly way. This guide supports parents and teachers who wish to learn more about yoga for kids, including how to implement yoga in children's daily lives. Readers will gain insight into what yoga is, how it can contribute to a child's active lifestyle, and how it can be used to alleviate many childhood challenges. This easy-to-use guide offers basic instructions for teaching yoga to kids and a sample children's yoga routine. A bonus CD is included with the book, featuring three original children's yoga songs.

Teresa Anne Power is an award-winning author and renowned yoga expert whose mission is to share strategies and tips to help children, parents, and educators enrich their lives and manage stress. She is the founder of Kids' Yoga Day.

Kathleen Rietz has loved art from the time she was a little girl and has painted and drawn throughout her entire life. She resides in Chicago, Illinois.

The ABCs of Yoga for Kids Poster

Written by Teresa Anne Power
 Illustrated by Kathleen Rietz

The ABCs of Yoga for Kids poster unfolds to display simple kids' yoga poses from A to Z and is perfect for homes and classrooms. It was selected as one of the ten best yoga posters by Ezvid Wiki.



ISBN: 978-0982258712
Price: \$9.95
Format: Poster
Trim: 20" x 30" (comes folded)
Ages: 3-8
Publication Date: December 1, 2017

The ABCs of Yoga for Kids Banner

Written by Teresa Anne Power
 Illustrated by Kathleen Rietz

The ABCs of Yoga for Kids vinyl banner displays simple kids' yoga poses from A to Z and is perfect for indoor or outdoor use in a classroom, in a yoga studio, or at home.

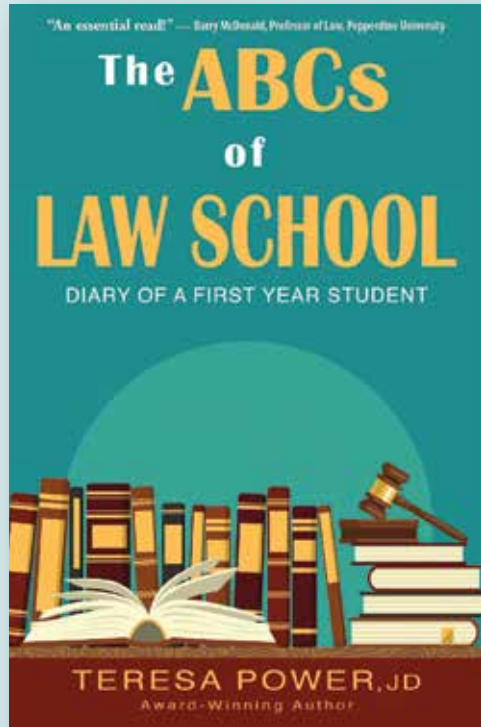
Children will not only learn the alphabet from these delightfully illustrated products but also learn how to incorporate healthy activity into their daily lives.

Teresa Anne Power is an award-winning author and renowned yoga expert whose mission is to share strategies and tips to help children, parents, and educators enrich their lives and manage stress. She is the founder of Kids' Yoga Day.

Kathleen Rietz has loved art from the time she was a little girl and has painted and drawn throughout her entire life. She resides in Chicago, Illinois.



ISBN: 978-0998107028
Price: \$24.95
Format: Vinyl Banner
Trim: 36" x 24"
Ages: 3-8
Publication Date: July 30, 2018



ISBN: 9780998107073
Price: \$15.99
Format: Paperback
Trim: 6" x 9"
Pages: 360
Category: Law School Guides
Publication Date: May 1, 2019
Ebook ISBN: 9780998107080
Ebook price: \$9.99

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The ABCs of Law School: Diary of a First Year Student

Written by Teresa Anne Power, J.D.

Your secret weapon to getting the edge over your classmates and getting the most out of law school.

Get exclusive access into the inner workings of law school, as told by an actual student. By using the ABCs to de-mystify law school, you'll feel calm, confident and ready to conquer your studies. "A" covers the law school application and admission process, "B" goes behind-the-scenes of your first year, and "C" offers invaluable class outlines and other survival skills, including how to use yoga for stress reduction.

This easy-to-read guidebook provides a concise overview of the major core topics covered, as well as strategies on how to prepare for class, study for exams, and manage stress. Perfect for anyone considering, starting, or in law school!

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—Kenneth Schrupp, University of California,
San Diego, Class of 2020

"An essential read... You will be very pleased that you read this superb law school primer."
—Barry P. McDonald, Professor, Pepperdine
University School of Law

Teresa Anne Power's books have sold over 285,000 copies worldwide. In her roles as a J.D., keynote speaker, bestselling author, and yoga expert, her mission is to share strategies, tips, and tricks that help students, parents, and educators enrich their lives and manage stress.

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Format: Cardboard Display

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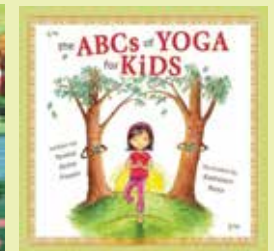
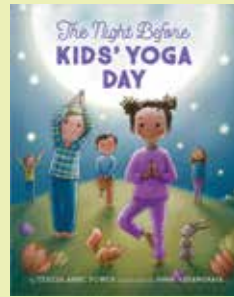
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